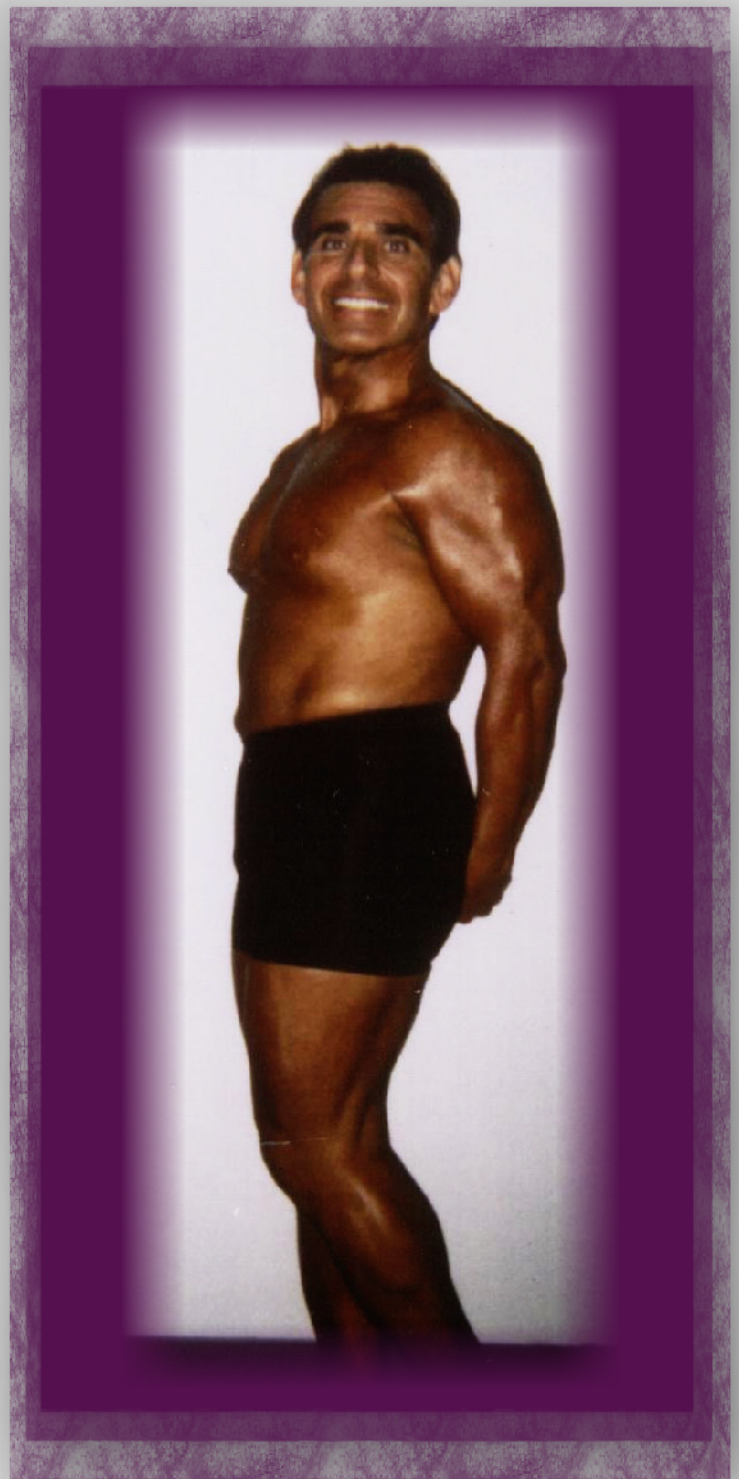


June 15, 1998

232 lbs - 24.3% body fat

September 29, 1998

179 lbs - 9.2% body fat



Alan Meltzer

*Lost 53 lbs
Lost 15.1 % body fat
Lost 10 total inches*